

Deconstructing prejudice

Groups of between 3 and 5 people, the person who guides the activity will deliver 3 envelopes to each group.

Instructions for groups

1. Divide roles among the members of the group:
 - 2 people will interpret (A) and (B).
 - 1 person will be the oracle (C).
 - The rest will be the observers (D).
2. (A) and (B) take their envelope, they read it, put themselves in the situation and act out the situation. Better if they do it standing up.
3. Between (A), (B) and (D) they should identify which prejudice or stereotype is being reproduced.
4. (C) will have the answer in a sealed envelope and when (A), (B) and (D) have agreed, will reveal it.
5. Each group can listen to the explanation of the situation narrated in first person by its protagonist in the section with the same title of the activity in the ["Action"](#) chapter of the Webdoc.
6. (A) and (B) re-enact the same situation. This time (B) will verbalize how he/she feels about this event. (A) will listen and explain how he/she receives this information, does anything move?
7. (A), (C) and (D) will rephrase what (A) says or how (A) behaves.
8. With each attempt, (B) will move closer if the new message improves the way he/she feels; move away if the new message has not improved the way he/she feels; or remain still if the new message does not change anything. At each move, (B) will explain what has generated this change and whether he/she still needs something more to be able to fully approach. The goal is to completely eliminate prejudice.
9. When the prejudice has been eliminated, each member of the group will write a sentence or draw a picture of what he or she felt during the activity.